



THE NEW NORMAL Travel Experience

ARRIVING IN THE PHILIPPINES GUIDE FOR OVERSEAS FILIPINOS WORKERS

REQUIRED FORMS	DOWNLOADABLE APPS	QUARANTINE AND TEST REQUIREMENTS
<ul style="list-style-type: none"> e-CIF for land-based e-CIF for sea-based OASIS (land-based only) OWWA Care Slip BOQ e-HDC (e-Health Declaration Form) MCIA Registration Form (for Cebu arrivals only) 	<ul style="list-style-type: none"> TRAZE Mobile App 	<p>Arrivals from Green Countries:</p> <ul style="list-style-type: none"> Vaccinated: 14 days self monitoring given that the passenger provided a negative RT-PCR test taken 72 hours before departure from country of origin Unvaccinated: at least 6 days hotel quarantine until release of RT-PCR test result taken on the 5th day of quarantine then self-monitoring until 14th day Fully vaccinated passengers travelling with unvaccinated children follows regular testing and quarantine procedures <p>Arrivals from Yellow Countries:</p> <ul style="list-style-type: none"> Vaccinated: at least 6 days hotel quarantine until release of RT-PCR test result taken on the 5th day of quarantine then home quarantine until 10th day Unvaccinated: at least 8 days hotel quarantine until release of RT-PCR test result taken on the 7th day of quarantine then home quarantine until 14th day <p>Arrivals from Red Countries:</p> <ul style="list-style-type: none"> Undergo 10 days hotel quarantine and 4 days home quarantine RT-PCR test on the 7th day of quarantine <p><small>*List of Documents accepted for Proof of Vaccination Status **List DOT Accredited Hotels Manila Clark Cebu Davao Laoag</small></p>

NOTE: Underlined texts are hyperlinks to forms, app and more information.

PRE-ARRIVAL PREPARATION

- Pre-register for an RT-PCR test by accomplishing the e-CIF (Electronic Case Investigation Form) at least 3 days before departure. Save the confirmation and QR code sent to your email to use during your flight.
- Register your BOQ e-HDC to generate a unique QR code which you have to present before boarding and upon arrival in the Philippines. Check this [link](#) for the 2-step process.
- For land-based OFWs, create or update your on the OASIS (OFW Assistance Information System).
- Download the TRAZE mobile app and complete registration. The app will also provide another unique QR code to utilize in any of the Philippine airports.
- Sign the Declaration and Waiver Form given to you upon check-in indicating that you are healthy and fit to travel.

DURING THE FLIGHT

Fill out the forms given to you upon check-in and/or boarding the plane:

- Bureau of Customs Form
- OWWA Care Slip
- Affidavit of Undertaking Form (if not accomplished yet)

ARRIVAL PROCEDURES

- Mandatory wearing of face mask and face shield.
- Listen to the quarantine briefing conducted by the Philippine Coast Guard. Undergo temperature check upon deplaning and present your e-HDC QR code.
- For sea-based, proceed to the verification booth. The land-based can skip this step.
- Clear with immigration and submit your Arrival Card.
- Proceed to respective desk for hotel quarantine assignment.
 - OWWA Desk: for land-based OFWs and dependents, present your e-CIF QR code and the OWWA Care Slip
 - MARINA Desk: for sea-based OFWs and dependents
- Claim your baggage and submit the Bureau of Customs Form.
- Transfer to your assigned hotel through the shuttle/bus provided by OWWA/LMA (Local Manning Agency).

HOTEL QUARANTINE

- Proceed to facility quarantine and wait for the schedule of your test. Your accommodation and food during your stay will be shouldered by the Philippine government. Any additional hotel fees due to required extensions will be shouldered by their governing agency.
- Release of test result.
 - Negative Test Result: Present the test result and certificate released to you to the quarantine personnel assigned at your hotel to obtain Quarantine Clearance and be able to go home on the 10th day.
 - Positive Test Result: BOQ will endorse the passenger to a hospital for medical management.
- Once cleared to go home, you may contact your relatives to pick you up from your hotel or coordinate with OWWA (land-based) and LMAs (sea-based) for further transportation assistance.
- After returning home, travelers must complete the self-monitoring or home quarantine requirements.

NOTE: Due to the pandemic, travel restrictions and procedures may change frequently. Kindly check with your Marsman contact for the latest regulations should you have immediate travel plans.